



Association of Faculties  
of Pharmacy of Canada

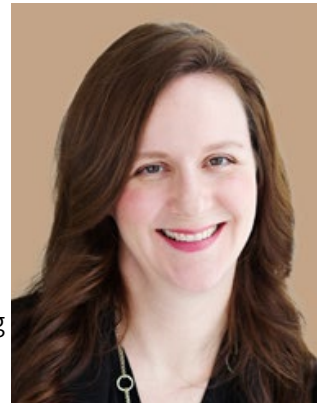
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## CPhA Canadian Pharmacist of the Year

### **Dr. Kelly Grindrod**

University of Waterloo

Dr. Kelly Grindrod wears many hats: researcher, teacher, mentor, pharmacist, health care provider and innovator. At the heart of each role is a passion for problem-solving, and helping others navigate similar problems. Whether she's interacting with students, patients, fellow researchers or front-line pharmacists, Kelly's drive to find creative solutions to messy problems plays a key role in each of the varied facets of her unique practice. In her community practice, Kelly is a compassionate advocate for her patients. The Kitchener Downtown Community Health Centre is a multi-disciplinary, team-based primary care clinic providing care to vulnerable populations, mainly supporting patients with chronic pain and mental illness. Each week at the clinic, Kelly brings students to work side-by-side with family physicians, psychiatrists, nurse practitioners, nurses, social workers and others, setting an exceptional example of a pharmacist providing outstanding care as a full member of the team, bringing the pharmacists' unique perspective to consultations.



Kelly is also an internationally recognized researcher with a keen interest in the role digital health technologies can play in medication management. She has published numerous articles in peer-reviewed journals on this topic and a range of others, and is a frequent contributor to the Canadian Pharmacists Journal (CPJ), as well as a member of its editorial board. She is also the author of a wide range of practice tools, original research and op ed publications, and is a sought-after speaker both nationally and internationally.

Kelly's passion for education reaches far beyond the classroom and clinical placements. Together with colleagues, she has trained thousands across the country in the appropriate use of naloxone and is the founder and lead for the Pharmacy5in5 website, which has more than 10,000 users across Canada. Pharmacy5in5 is an innovative game-based platform that uses various multimedia approaches, including YouTube videos, quizzes and infographics, to educate pharmacists and support their evolving practices.

Kelly completed a Bachelor of Science in Pharmacy at the University of Alberta, and a Master of Science and Doctor of Pharmacy at the University of British Columbia. She is a past winner of numerous awards, including Best Community Outreach Initiative and Gold Award for Best Use of Social Media from the Canadian Council for the Advancement of Education, the Waterloo School of Pharmacy Graduate Mentorship Award, the Canadian Foundation for Pharmacy Wellspring Leadership Award and co-author on two CPJ Best Paper of the Year Awards.